



#UDontGetIt



teens need **3** vaccines

HERE'S WHAT U DON'T GET:

Tetanus, Diphtheria, Pertussis, Meningitis, Human Papillomavirus (HPV)

All are serious diseases that can cause symptoms and complications such as brain damage, severe scarring, amputation of limbs, fever, lockjaw, seizures, irregular heartbeat, difficulty breathing, kidney damage, genital warts, cancer and even death.

These diseases are preventable if teens receive 3 vaccines.

Tdap: 1 dose | **Meningococcal Conjugate:** 2 doses | **HPV:** 3 doses

Get your vaccines so #UDontGetIt



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PLEASE CONSIDER

- Taking an hour out of your busy life to get a vaccine could save you from a lifetime of hardship for you and your family.
- A shot causes discomfort for a few moments. Any one of these diseases can cause a lifetime of devastating effects or even death.
- It's much easier and more common to contract one of these diseases than you may think.
- Serious side effects from vaccines are extremely rare. The benefits of preventing disease with a vaccine far outweigh the risks.
- Adolescents 16 to 21 years, along with infants less than one year, have higher rates of meningococcal disease than other age groups.
- HPV prevalence is estimated to be as high as 64% in adolescent girls. It's a major cause of cervical cancer.
- The HPV vaccine prevents many cancers in the genital area, throat, head and neck of young males and females. Cancer kills. This vaccine is saving lives.
- HPV vaccine doesn't open the door to sex; it closes the door to cancer. Parents... will your teen's partner have practiced abstinence? There's no way to know—protect your child.



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